At the south-eastern end of Tenhult between Tenhult village and the lake are fine natural areas – perfect for a picnic.

A path leads out onto a gently sloping enclosed forest pasture and down to the edge of the Tenhultasjön lake. The pasture has a long history of use, with old, solitary trees and plants that favour pasture and hay fields.

There is some alder marsh woodland, some hazel in copses and some old oak trees in the enclosed field. Apart from some twenty large oak trees, of which about half are enormous, there are also large common alder, white birch and silver birch. One oak tree is almost five metres in circumference. Many white birch trees have holes with loose material in them, and cupped soot lichen which occurs on oak and birch, shows that the trees are very old.

Birds one can see or hear in the enclosed pasture are lesser spotted woodpecker, long-tailed tit, red-breasted flycatcher and green woodpecker. The vegetation of the enclosed field is varied, includes Alpine bastard toadflax, a small, low, semi-parasitic herb which here is unusually far to the west of its range. It has lobate corolla with white flowers. Other species in the area which favour traditional cultivation are the little harebell, devil’s bit scabious, burnet saxifrage, lady’s yellow bedstraw, common milkwort, mat-grass and speedwell. There are many insects here during the summer, and one can study butterflies, hoverflies and dung beetles.

The ancient deciduous woodland, which in parts is deciduous and mixed coniferous, is in the northern part of the natural area. There are many traces of traditional cultivation, such as old hazel bushes and large, hollow oaks. Furthest in the north, the woodland is of varying ages, dominated by deciduous trees. It has high, consistent humidity, with alder, standing and lying dead wood of various ages. Parts of the woodland are still grazed. There are many dead, fallen trees, coniferous and deciduous, exposed root
systems of the fallen trees and a large number of deciduous stumps.

On the other side of the railway there is much dead wood. In the northern part of the area there is also a very large pine tree.

**WORTH KNOWING**

There are paths to the Tenhultasjön lake, south along stone walls, through pasture and in woodland. Watch out for livestock, do not take a dog.

**HOW TO GET THERE:** In Tenhult, drive along Villavägen and then left into Östra Vägen, continue until this road ends.

**PARKING:** No formal parking area.

**BUS/TRAIN:** Bus stop Tenhults centrum or the railway station, from there a walk of about 500 metres east along Villavägen and Östra Vägen.

**DIFFICULTY:** Easy