

19. Kaxholmens lövskog and Målabråten



Kaxholmens lövskog is part of an extensive broad-leaved forest area which stretches from the Kaxholmen urban area to Skärstad church.

Målabråten, a ravine with deciduous woodland above Drättinge, has been a nature reserve since 2012. The area is used frequently by Kaxholmen residents and other people interested in nature for exercise and walking.

The deciduous woodland is on a north-west slope, cut through by ravines with brooks which run down towards the Landsjön lake. The damp environment in the ravines enables many mosses to flourish, for example, silken homalothecium moss on large ash trees and the unusual alder silk moss which grows on rotting alder wood.

The deciduous woodland of oak, ash and elm also has birch and aspen trees.

Here there are fruit-bearing trees, such as crab-apple, mountain ash and a few examples of old Swedish white-beam. Rare woodland fungi such as cinnamon porecrust and *Hypoxylon howeanum* grow on old hazel. There are also old hollow trees used by many birds which nest in holes, such as lesser spotted woodpecker. The black woodpecker and green woodpecker, long-tailed tit, icterine warbler and hawkfinch are also found in the area.

The best time to visit is in the spring when the birdsong is at its most intense, and the grove flora is blooming. Then can be seen blue anemone, white wood anemone, yellow wood anemone and also the hybrid between yellow and

white wood anemone. Other plants which thrive in the eutrophic soil are dog's mercury, true-love, Solomon's seal, whorled Solomon's seal, baneberry and high ostrich fern. By the brook in the damp ravine at Målabråten, the





WORTH KNOWING

Kaxholmen's deciduous woodland and the Målabråten nature reserve are walking distance from the Landsjö school and a pre-school, both of which use the area for excursions and education. The level areas in the southern part of the area are suitable for disabled access to a picnic area at Nyängen.

HOW TO GET THERE: Drive towards Skärstad. In Kaxholmen, turn right at Tunnländsvägen, or alternatively continue down to Landsjön Lake and Vistavallen.

PARKING: There is parking at Vistavallen down by the Landsjön Lake. It is also possible to park in the south at Nyodlingsvägen/Tunnländsvägen in Kaxholmen.

BUS: Bus stops at Kaxholmen, Nyodlingsvägen and Hunnerydsbadet at Landsjön.

DIFFICULTY: ● *Medium*



Hart's-tongue thyme-moss

little alternate-leaved golden saxifrage adorns the ground.

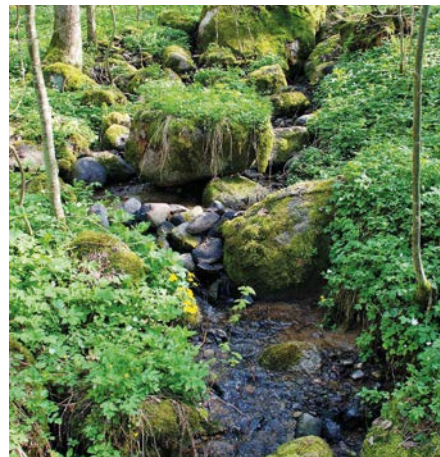
In the Kaxholmen deciduous woodland there are marked paths and jogging tracks, and during the winter, also skiing tracks (floodlit). Walking, running, cycling (mountain bike), orienteering and skiing are popular activities. On an esker ridge in the lower part is a barbecue area with benches.



Ostrich fern



Hypoxylon howeanum



Green dapperling