

42. Sjöåkra

Sjöåkra is especially beautiful in the spring when blue anemones flower. Here also are grove plants such as lesser butterfly orchid and peach-leaved bellflower.

Between Sjöåkra and Berghalla in Bankeryd, there is a walkable wooded area next to Lake Vättern. The varied mixed stands of pine and spruce lie below the hill top and railway, on a broad moraine shelf which goes right down to the lake. Tjuvanabben is a rocky promontory with flat rock just north of Berghalla. From here, one has a fine view over the southern part of Lake Vättern.

In the woodland at Berghalla there is a mixture of trees; aspen, birch, hazel and a grove of big old oaks, left from the time when this was grazing land.

In many places in the varied woodland are impressive pine trees and old

spruce. There are many fallen dead trees and branches with shelf fungi and other tree-living fungi. Several paths lead through the area. Duckboards and bridges cross a couple of small brooks which run out into Lake Vättern.

The ravine at Sjöåkra is coloured golden yellow and orange in the autumn by the deciduous trees which grow on the slope. Apart from maple, wild cherry and birch, there are several old pine trees.

Dead tree trunks lie criss-cross over the brook which cuts through the sand deposits towards the shore.





WORTH KNOWING

From Sjöåkra you can follow the old coast road alongside the western shore of Lake Vättern. It was originally a riding track.

HOW TO GET THERE: To Bankeryd, right at the roundabout on Sjöåkravägen, continue to Sjöåkra, where a path leads to the wood. From northern Trånghalla, right into Berghalla on Sjöhagsvägen, where paths go into the wood.

PARKING: In Sjöåkra there are some parking places where the road ends.

BUS: Towards Bankeryd, Sjöåkra bus stop.

DIFFICULTY: ● Easy



Blue anemone



Ringlet



Canadian hawkweed and wall fern at Tjuvanabben