

44. Backamoskogen

Backamoskogen is a popular open-air recreation area close to the urban area of Bankeryd, with steep shoreline slopes along the edge of Lake Vättern.

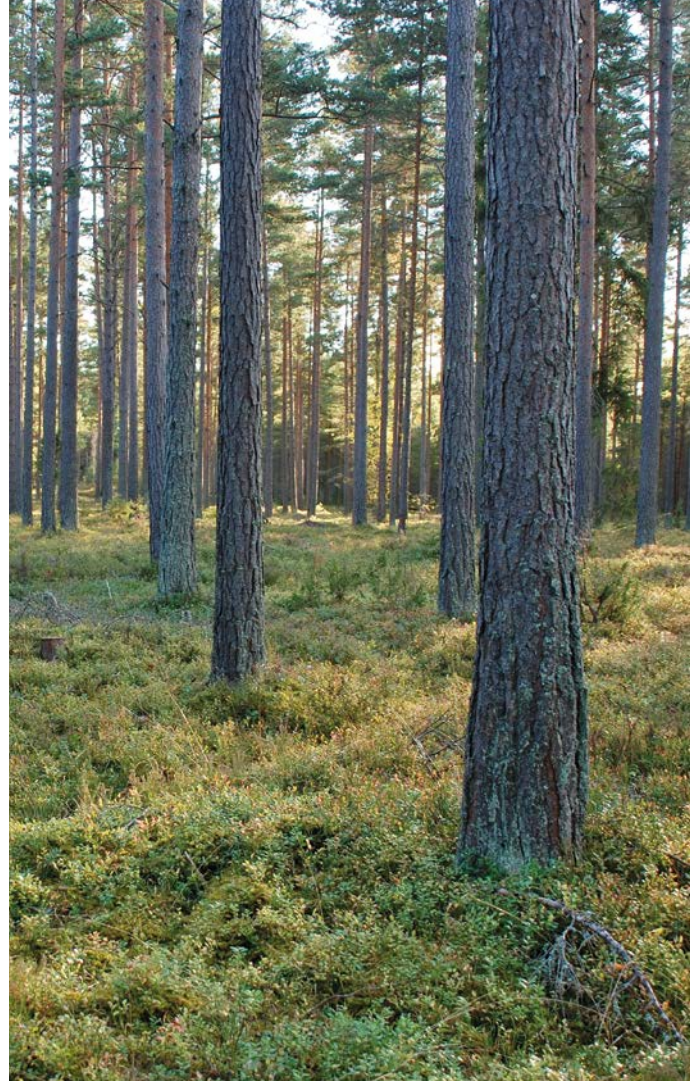
The woodland is sparse pine forest, some of it a hundred years' old, where one can wander between impressive pine trees on a soft carpet of lingonberry and blueberry plants. Here also is Småland's county plant, the twinflower, and also the green-flowered wintergreen and the little white-flowered orchid, creeping lady's tresses. There are interesting fungi, such as cauliflower mushroom and hen-of-the-woods.

Many paths and jogging tracks criss-cross the forest. Between Domsand in the north and Vidablick



Creeping lady's tresses

in the south, the path goes up along the shoreline barrier wall.



WORTH KNOWING

The wood is about 60 hectares; it is part of a larger natural area and joins Domsand in the north and Vidablick, the Lillån river and the Sjöåkraskogen wood in the south.

HOW TO GET THERE: Road 195 north from Jönköping towards Hjo, right towards Bankeryd, left at the sign Naturreservat (nature reserve). Or drive along Kortebovägen through Bankeryd, right into Domsandsvägen at the sign Naturreservat.

PARKING: At Domsandsvägen in the north and Vidablick in the south-east.

BUS: Towards Bankeryd, Domsandsvägen bus stop. Towards Habo, Vidablicksvägen bus stop, walk towards Furuviks idrottsplats (sports area).

DIFFICULTY: ● Easy